Parent/Guardian/Trusted Adult Information Sheet 1- Day Diary





Ethics/ ERGO ref: 93783

Study Title: Creativity, Community & Resilience: Participatory action with trans & gender diverse youth, using creative methods

Researcher: Professor Olu Jenzen (she/her), Dr Matty Kennedy (he/they)

What is the research about?

Hello!

We are Olu (she/her) and Matty (he/they) and we're part of a team of researchers at the Universities of Southampton, Brighton and Glasgow, working together with young people and youth organisations on a project about how community belonging supports trans and gender diverse young people's wellbeing, and how we use our creativity to build collective resilience when facing societal challenges.

You can learn more about us at our project website: <u>www.createconnectproject.co.uk</u>

Why are we doing this research?

We think it's important to represent the creativity and enjoyment of trans and gender diverse lives and to ask: What can be learned from the experiences of trans and gender diverse youth and the organisations supporting them to develop resources for youth work and our community in the future?

Why has my child been asked to participate?

Your child has been invited to take part because their experience as a trans and/or gender diverse young person is important to the research project. In response your child might be interested in sharing their experiences by participating in this research.

Does my child have to take part?

No. It's important that both you and your child know that taking part is completely voluntary. If you and your child would like you can discuss taking part in the research with members of the research team before deciding to participate.

What will happen if my child decides to take part?

If your child decides to take part in the research they will take part in a 1- day diary workshop in their youth group. Together with a group of young people, we have codesigned an activity workbook about trans and gender diverse young people's everyday life in Britain today.

The activity workbook is a collaboration with the Mass Observation Archive on their 12th of May 1-Day Diary activity. Every year the Mass Observation Archive runs the 12th of May call for 1-Day Diaries. This is when people are invited to write a diary entry about their day on the 12th of May creating a wonderful glimpse into the everyday lives of people in the UK. All diaries are anonymous and we don't collect any information that makes those taking part identifiable.

The Mass Observation Archive is a collection of materials that provide a unique insight into everyday life in Britain. The archive lives at the University of Sussex and contains materials like diaries, reports, and responses to questionnaires. You can learn more about the Mass Observation Archive at their website: https://massobs.org.uk/

We and the Mass Observation Archive want to include more trans and gender diverse youth voices through the 1-Day Diary so that trans histories can be remembered and researched and so the everyday lived experiences of trans and gender diverse young people can be seen and celebrated.

In order to facilitate this, we have co-created a 1-Day Diary workbook with trans and gender diverse young people and workshop guidelines to share with LGBTQI+ youth groups throughout the UK. If your child decides to take part in the research they will participate in this workshop in their youth group.

Participants can choose if they want the 1-day diary to be looked at only by the research team or if they also want it to be added to the Mass Observation Archive. This choice is made on the consent form.

There are lots of other ways to get involved in the project after the workshop if your child would like to – you can find information about these on our website: www.createconnectproject.co.uk

How will my child's information be used?

Your child's research data (anonymised diary) will be used to increase understandings of how community belonging supports trans and gender diverse young people's wellbeing.

As part of this your child's contributions to the research will be used to create resources for people who work directly with trans and gender diverse young people including youth workers and other trans and gender diverse young people including

a webcomic and animated short films. And what we learn from the research will be written about in academic publications too so that others can learn from children's experiences and insights.

We will include everything we do with the research on our project website where you and your child can see updates on the project and the resources made.

Your child's research data (anonymised diary) will be stored securely and safely.

Accessibility

We aim to ensure that your child's accessibility needs are met so they can participate. If your child has any accessibility needs and wishes to participate in the research, please contact us directly and we will work to meet your child's needs alongside our project partners.

Are there any benefits to my child's taking part?

The main benefit to taking part is that your child's knowledge and experience will help us increase understandings of how community belonging supports trans and gender diverse young people's wellbeing, and how we use our creativity to build collective resilience when facing societal challenges.

Are there any risks involved?

The workbook does not prompt to reflect on negative experiences, but we acknowledge that even a simple account of one's day may bring up sensitive subjects like loneliness or isolation, experiences we've had with lack of support. The youth group is a supportive community space in which young people should feel safe and comfortable participating. In case they should require further support, a support contact page is available on our website.

What happens if my child changes their mind?

If your child changes their mind and no longer wishes to participate during the 1-day diary workshop, their diary will not be submitted by the youth worker. However, once your child's diary has been submitted and anonymised, we can't remove individual contributions, for practical reasons.

What if there is a problem?

The project has been approved by the University of Southampton's ethics committee to ensure anyone who takes part in the project is treated respectfully and that your child is not put at any unnecessary risk. However, should you have any concerns or wish to talk to someone about the project or us as researchers, you can contact an independent member of staff at the University, see contact details below.

How can I find out more?

If you would like to chat with one of us about your child taking part or ask us any questions, just let us know and we can arrange that.

If you have any questions, you can reach us on <u>ccr@soton.ac.uk</u> or contact us via our website: <u>www.createconnectproject.co.uk</u>

Contact details for researchers: Olu Jenzen, Project lead, University of Southampton

• email: <u>ccr@soton.ac.uk</u>

Research Ethics and Governance team contact in case of questions or concerns: rgoinfo@soton.ac.uk

This research is organised by the Creativity Community and Resilience team [**www.createconnectproject.co.uk**] and funded by the AHRC. This research has been approved by the University of Southampton's ethics committee. ERGO ref: 93783

Data Protection Privacy Notice

How will we use information about you?

For the purposes of data protection law, the University of Southampton is the 'Data Controller' for this study, we will need to use information from you for this research project.

We will keep all information about you safe and secure.

Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

What are your choices about how your information is used?

• Your child can stop being part of the study at any time, without giving a reason. However once your child's contribution has been submitted and anonymised, we can't remove individual contributions, for practical reasons.

Where can you find out more about how your information is used?

You can find out more about how we use your information:

- by sending an email to University's Data Protection Officer (<u>data.protection@soton.ac.uk</u>).
- by asking one of the research team or from our general privacy policy.
- by sending an email to <u>ccr@soton.ac.uk</u> or contact us via our website: www.createconnectproject.co.uk